

eliminating racism
empowering women
ywca
carlisle & cumberland county

November 2024

National Week without violence October 21-26

During this year's National YWCA Week Without Violence, we focused on the theme of Financial Trauma, highlighting the often-overlooked impact of financial abuse and instability on survivors of violence. Through workshops, panels, and resources, we explored how financial trauma affects individuals' ability to recover and rebuild. By raising awareness and offering tools for financial empowerment, we're working to support survivors in achieving safety, security, and independence. Together, we're committed to breaking the cycle of violence and promoting economic justice for all.



Walk the Mile Because HERstory Counts
October 24, 2024



Thank You for Making HERstory Count at This Year's Walk the Mile!

This year's Walk the Mile Because HERstory Counts event was a powerful show of support for violence prevention in our community, made unforgettable by every person who walked, cheered, and stood alongside us.

DJ Joe George kept spirits high and feet moving, spinning energizing tunes that pumped up our walkers and kept them going strong! We were thrilled to see so many sponsors and community partners come out to support this important cause, including Dave Parker from Martson Law Offices, who led the walk.

A diverse crowd joined us, from law enforcement officers and personnel from the DA's office to attorneys, Dickinson students and professors, and many generous local businesses. Hair salons Liz B Collective and SCG Spa, Dr. Noll's Dentistry, Pyramid Construction, Wegman's, and Allen Distribution lent their support both as sponsors and participants, demonstrating that our community is united in the fight against violence.

Together, we raised around \$8,000 to fund YWCACCC's crucial work in sexual assault and human trafficking support services. Your generosity fuels our ability to provide life-changing resources and services—from advocacy to counseling and community education. Every dollar raised goes toward making a difference in the lives of survivors.

This day was about more than just a walk; it was a stand against violence that resonated

throughout Carlisle. We're so grateful to everyone who contributed—volunteers, sponsors, and participants alike.

Let's carry this momentum forward to make lasting change, creating a safer, more supportive community for everyone. Together, we are unstoppable!



Thank you Once More to Our Sponsors

A Special Thank You to Our Sponsors:

MARTSON
LAW OFFICES

Information • Advice • Advocacy



NOLL FAMILY DENTISTRY
EXCEPTIONAL DENTISTRY. THOUGHTFUL CARE.



LIZ B COLLECTIVE
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PROMISES *DELIVERED*



Join Us for Angel Tree: Spreading Hope and Joy This Holiday Season

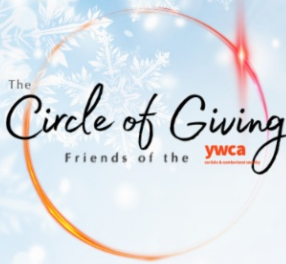
As the holiday season approaches, we're reminded of the incredible impact we can have when we come together as a community. This year, we invite you to share in the spirit of giving by joining our annual Angel Tree campaign—a meaningful opportunity to brighten lives and bring hope to those we serve.

Each angel on our tree represents a generous gift from a caring individual like you, committed to promoting peace, dignity, and justice for all. Every donation, whether large or small, directly supports our mission and brings joy to those in need. With a gift of \$150 or more, you'll also join our Circle of Giving, a special group of donors whose generosity sustains our work year-round.

Help us fill our tree with angels and spread the warmth of the season. To make a pledge or donation, visit us online at **our Angel Tree Donation Page**. You're also welcome to stop by our office or mail a check to:
YWCA Carlisle
301 G Street
Carlisle, PA 17013

We'd love to celebrate this collective generosity with you at our Angel Tree Drop-In Reception on December 23, from 10 am to 4 pm, at our office. Come see the tree and feel the difference your kindness has made.

Thank you for standing with us in the spirit of giving and for making this season brighter for everyone in our community.



The *Circle of Giving*
Friends of the **ywca**

When you step into the Circle of Giving, you're saying yes to transforming lives and building a stronger community.

Become part of our Circle of Giving with a donation of \$150 or more. Your support directly empowers our programs and services, helping us make a lasting impact in the community. As a member of the Circle of Giving, you'll join a dedicated group of donors committed to creating meaningful change.

With a combined total contribution of \$150 or more throughout the year, enjoy insider perks such as:

- an exclusive pass to the Circle of Giving cocktail reception,
- privileged access to insider information on upcoming programs and events,
- and an array of additional surprises waiting to unfold!

[Donate to Angel Tree!](#)

**United Way Day of
Caring October 11th:
Volunteers Transform
YWCA with Heart &
Hard Work!**

Our annual United Way Day of Caring on October 11 was a whirlwind of community spirit, hard work, and uplifting moments that helped make a big impact on our spaces and our mission.



This year, we were thrilled to welcome teams from Kelso Law and Members 1st, who poured their dedication into projects that brought new life and functionality to the center.



Melissa Kelso and her team from Kelso Law showed their caring touch by writing heartfelt notes of encouragement for students receiving period products from our Pad Pantry. They also took on the tough jobs of building shelves in our supply closet and sorting supplies, helping us get organized in a way that truly supports our mission. Meanwhile, the Members 1st team jumped in with brushes in hand, giving our preschool's outdoor shed a much-needed refresh.



Both teams also helped reorganize a room that will soon become Creativity Cove—a dedicated space for creative projects and growth. By sorting clothes and organizing miscellaneous items, they turned chaos into order, creating a more inviting and functional space. With each task tackled, our volunteers helped create a cleaner, brighter, and more welcoming environment for everyone who walks through our doors. From sprucing up common areas to organizing vital resources, their efforts turned our center into an even more inviting space, echoing the warmth and care that the YWCA stands for.



Throughout the day, volunteers had the chance to connect with our staff and learn more about our services, fostering a deeper sense of community and shared purpose. Their hard work, support, and positive energy made it clear: when we come together, we create spaces that empower and inspire.

A huge thank you to everyone who participated and believed in our

mission. Your contributions make a lasting impact and beautifully reflect the strength of our community spirit!



Giant Hearts at Work: Volunteers Make a Difference in Our Preschool

We are thrilled to share the wonderful experience we had with volunteers from The Giant Company, who joined us on October 25th to support our preschool program. Their enthusiasm and commitment to community service made a tremendous impact on our youngest learners, filling the day with joy and engagement.

The Giant Company's volunteers devoted their time and energy to a variety of activities that enriched the preschoolers' learning experiences. First, they set up interactive learning stations that encouraged creativity and exploration. From arts and crafts to storytelling, each station sparked the children's imaginations and



fostered a love for learning.

The team also led a fun and educational session on healthy snacks, emphasizing the importance of nutrition. The children learned about fruits and vegetables, then enjoyed making their own colorful fruit cups—a delicious and healthy way to reinforce good habits.

To top it off, volunteers treated the children to a lively story-time session, taking the time to read to each group and ignite a passion for books and storytelling. This engaging session helped develop the children's literacy skills and fostered a love for reading.

We extend our heartfelt gratitude to the volunteers from The Giant Company for their dedication, support, and contagious positivity. Their efforts not only enhanced our preschool program but also created joyful memories that the children will carry with them. It is inspiring to see our community partners actively involved in making a difference in the lives of young learners.

We look forward to building on this fantastic collaboration with The Giant Company in the future. Community engagement is vital to our mission, and we welcome every opportunity to partner with local businesses and organizations that share our commitment to supporting children and families.

Thank you once again to The Giant Company volunteers for their time, energy, and creativity!



Around Town



Amani Latino Festival! October 19th

YWCA staff members Lily, Rosario, and Shelley were thrilled to participate in the **Amani Latino Festival!** This event brought together diverse voices and celebrated the beauty of Latino culture right in the heart of our community.



Out on Britton October 11

Staff member Dani had a fantastic time at **Dickinson College's Out on Britton** festival in celebration of National Coming Out Day! Dickinson College's annual Out on Britton is always a phenomenally produced event. Connecting with students and community members about inclusivity and acceptance was a wonderful reminder of our commitment to creating a welcoming world for everyone.

We are always excited to partner with Dickinson College!

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Carlisle & Cumberland County



We are back to school and
supplies are needed for the
Pad Pantry!

*Pad
Pantry*



How can you Help?

Drop off a donation of product at
YWCA Carlisle & Cumberland County!

301 G St Carlisle, PA 17013 717-243-3818

November Events

Come out and join us in November!

Qi Gong: Every Thursday 3:15pm- 4:15pm

Al-Anon: Every Wednesday 12:00pm-1:00pm

November 5th: Election Day

November 13th: Second Season

November 28th: Thanksgiving (Office Closed)

November 29th: Day after Thanksgiving (Office Closed)

Visit our community calendar to learn more about events!

Access Our Community Calendar Here!



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LUNCH & LEARN

Every 2nd Wednesday
of the month @ 12:00 PM

YWCA Carlisle & Cumberland County
301 G Street, Carlisle PA 17013

Please join us for our 60+ women's group. We'll be meeting monthly to learn, laugh and meet new people. Bring your own lunch and we will provide refreshments.

JOIN US →



For More Information Visit
www.ywcacarlisle.com



Our next Second Season Session is just around the corner! This monthly gathering is an empowering space for women to connect, share insights, and grow together. Be sure to mark your calendars. We're excited to continue building this dynamic community! We can't wait to see you there!

Additional Opportunities

Volunteers Make a Big Difference!

YWCA Ambassadors

Join our new ambassador team and help us share the amazing YWCA programs across the county at public events and share our mission with the community. Our ambassadors will receive training and mentorship opportunities within the organization. We are excited to have you join us on this new venture.

For more information, email
Blaine Rizzo
brizzo@ywcacarlisle.org



Email Blaine Rizzo



YWCA Carlisle & Cumberland County | 301 G Street | Carlisle, PA 17013 US

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