

eliminating racism
empowering women
ywca
carlisle & cumberland county

January 2025



As we reflect on this past year, we are overwhelmed with gratitude for your support, involvement, and belief in our mission. Together, we've accomplished so much in 2024, and it's all thanks to YOU—our community of changemakers, advocates, and friends.

Here's what we achieved together in 2024:

- Our crisis intervention services, supporting survivors of sexual assault and human trafficking with trauma-informed care and advocacy fielded hundreds of calls, hosted support groups, over 300 accompaniments for medical and legal services, and over 2,000 hours of counseling
- We reached more than 2,000 individuals through school-based prevention programs and community workshops, teaching topics like healthy relationships, consent, and body autonomy.
- Programs like Second Season brought women together to share wit, wisdom, and friendship, creating a vibrant network of support.
- Throughout 2024 you supported us on many endeavors, such as through The Persimmon Awards, Summer Camp, Little Wonders Preschool, and Walk the Mile. Your support makes each and every one of these successful and exciting.

These accomplishments are just the beginning. As we look ahead to 2025, our work doesn't stop here. We have so much more in store, from new community events to expanded programming that fosters empowerment, equity, and belonging for all. **Together, we'll continue to build a stronger, more compassionate community in 2025 and beyond.**

Angel Tree

We are filled with deep gratitude on the support we received through our Angel Tree program this past holiday season. Thanks to the kindness and generosity of our supporters, we are able to provide resources and services to countless individuals and families in our community who rely on YWCA Carlisle & Cumberland County for hope and empowerment.



Your commitment to making the holidays brighter for those in need reinforces the heart of what we do every day—creating opportunities, fostering resilience, and standing as a beacon of support for our neighbors.

This year you proved, once again, that hope and love thrive when we come together for a greater purpose.



Every donation to the Angel Tree program directly supports our ability to provide critical services and programs year-round, from empowerment initiatives to trauma-informed care, ensuring that residents of Cumberland County have the resources they need to overcome challenges and thrive.

Thank you for showing up. Thank you for giving. Thank you for believing in the power of community and for continuing to support the YWCA Carlisle & Cumberland County. Here's to another year of making a difference—together!



Warmly,
YWCA Carlisle & Cumberland
County Team

Social media changes are constant and evolving. That's why we're now on Bluesky @ywcacumberlandco.bsky.social! The emergence of Bluesky has brought a lot of excitement to the online community in general, with features previously used on Twitter and new features for people to tailor their content with.

What is Bluesky?

The founder of Twitter built a new social media platform, in the form of the original Twitter. Like Twitter, posts are constrained to a character limit and the algorithm is similar. One exciting change is the opportunity to create communities that focus on specific topics.

For those of you that have already joined Bluesky come follow the YW! For those of you who haven't gone on Bluesky, I hope you consider this platform and join us as well!

Join us on Bluesky!

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VOLUNTEERS NEEDED

Train to be a Volunteer Advocate!

**Believe
Support
Advocate
Volunteer**

*Attend sexual assault
counselor training for
the YWCA Carlisle to:*

- Gain Work Experience
- Boost your Resume
- Become a Certified SA Counselor

**Class begins in
MARCH!!!**

For more
information
Scan QR
Code



Shelley Baum - Volunteer
Coordinator
717-243-3818
sbaum@ywcacarlisle.org



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LUNCH & LEARN

This Wednesday @ 12:00 PM
YWCA Carlisle & Cumberland County
301 G Street, Carlisle PA 17013

2025 GOALS MADE FUN!

Please join us for our 60+ women's group. join us this month to create your 2025 goals as a bingo card! Bring your own lunch and we will provide refreshments.

JOIN US ➔



For More Information Visit
www.ywcacarlisle.com



Our next Second Season Session is just around the corner! This monthly gathering is an empowering space for women to connect, share insights, and grow together. Be sure to mark your calendars. We're excited to continue building this dynamic community! We can't wait to see you there!

What to expect coming in 2025



After The Bell



Pad Pantry at Project Share

The Pad Pantry continues

After the Bell, our after-school program, continues to provide a safe and engaging space for local youth to learn, grow, and thrive. With a focus on academic support, life skills development, and creative activities, this program helps children build confidence, expand their knowledge, and foster positive relationships.

We're excited to see how After the Bell is making a difference in the lives of our young participants, empowering them to succeed both in and out of the classroom. Thank you for your support in helping our future leaders shine!



Black Girls Chronicles

We are excited to announce the launch of Black Girls Chronicles (BGC), an empowerment program designed to empower and celebrate high school girls of color. This initiative aims to provide a safe and supportive space for young women of color to connect, explore important topics, and develop skills that will

to be a resource for individuals and families in need, offering free access to menstrual hygiene products. By tackling period poverty, we help ensure that everyone can care for themselves with dignity and comfort.

We deeply appreciate the community's continued support and the many feminine product drives taking place across Cumberland County to sustain the Pad Pantry. This generosity enables us to keep this vital service running, making a meaningful difference for those who rely on it most.



The Persimmon Awards Return

We're thrilled to announce the return of the Persimmon Awards in 2025! This signature event celebrates individuals and organizations making a profound impact in our community by championing equity, empowerment, and social justice.

Stay tuned for nomination details, event updates, and how you can be part of this inspiring celebration. Let's honor the changemakers shaping a brighter future

help them thrive in their personal and academic lives.

BGC focuses on creating a community of sisterhood where participants can share their experiences, discuss challenges, and explore their dreams. Through engaging discussions, inspiring guest speakers, and hands-on activities, the program emphasizes themes of strength, resilience, and excellence.

For more information or to get involved, please contact Khaliyah Malloy at KMalloy@ywcacarlisle.org.

for all!

Sponsorships are now available -if you are looking to sponsor The Persimmon Awards, please contact Jannette Haven at jhaven@ywcacarlisle.org.



Support Groups



Our support groups provide a safe, confidential space for individuals to come together, share their journeys, and find strength in community.

Led by compassionate and trained facilitators, our groups focus on fostering healing, resilience, and empowerment for survivors and their non-offending loved ones. Together, we navigate challenges, celebrate progress, and build a supportive network that uplifts and inspires.

For more information call our office at 717-243-3818 or visit our website!

And so much more!

We're so excited for all that's to come in 2025, and we can't wait for you to join us! From impactful programs and community events to new opportunities for growth and

connection, this year is already shaping up to be inspiring. Together, we'll continue to build stronger communities. Let's make 2025 our most transformative year yet!

How to join us this January

Second Season: January 8th 12-1pm
Al-Anon: Every Wednesday 12-1 pm
Qi Gong: Thursdays 3:15-4:45

[Access Our Community Calendar Here!](#)

Additional Opportunities

Volunteers Make a Big Difference!

YWCA Ambassadors

Join our new ambassador team and help us share the amazing YWCA programs across the county at public events and share our mission with the community. Our ambassadors will receive training and mentorship opportunities within the organization. We are excited to have you join us on this new venture.

For more information, email
Blaine Rizzo
brizzo@ywcacarlisle.org



[Email Blaine Rizzo](mailto:brizzo@ywcacarlisle.org)



YWCA Carlisle & Cumberland County | 301 G Street | Carlisle, PA 17013 US

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